

Autumn/ Winter  
2023/ 2024



## WEEK ONE

30/10/2023  
20/11/2023  
11/12/2023  
15/01/2024  
05/02/2024  
04/03/2024  
25/03/2024

### MONDAY

Option one	Cheese and Tomato Pizza with Pasta Salad 
Option two	Vegetable Couscous 
Vegetables	Vegetables of the Day
Dessert	Lemon Drizzle

### TUESDAY

A choice of Burger (Beef & Bean or Vegan) in a Bun and Potato Wedges 
Vegetables of the Day
Fruit Jelly with Mandarins 

### WEDNESDAY

Veg Wellington, Stuffing, Roast or Mashed & Potatoes
Roast of the Day, Stuffing Roast or Mashed Potatoes & Gravy
Vegetables of the Day
Freshly Chopped Fruit Medley 

### THURSDAY

Veggie Bolognese with Garlic Bread 
Chef's Chicken Korma with Rice 
Vegetables of the Day
Apple Sponge

### FRIDAY



Fishfingers with Chips & Tomato Sauce
Five Bean Chilli with Rice or Jacket Potato 
Vegetables of the Day
 Oaty Cookie 

## WEEK TWO

06/11/2023  
27/11/2023  
18/12/2023  
22/01/2024  
19/02/2024  
11/03/2024

Option one	Tomato Pasta 
Option two	Cheesy Swirl with New Potatoes
Vegetables	Vegetables of the Day
Dessert	<b>NEW</b> Carrot Cake

Lentil and Sweet Potato Curry with Rice 
Chicken Tikka Masala with Rice 
Vegetables of the Day
Apple Crumble with Custard 

A choice of BBQ or Lemon & Herb Chicken or Vegan Quorn, with Seasoned Potatoes or Jollof Rice and Salads 
Vegetables of the Day
Fruit Medley 

Veggie Meatballs in Tomato Sauce with Rice 
Spaghetti Bolognese with Garlic Bread 
Vegetables of the Day
Chocolate Drizzle Cake with Chocolate Sauce



Fishfingers with Chips & Tomato Sauce
Chinese Vegetable Noodles
Vegetables of the Day
Vanilla Shortbread 



## WEEK THREE

13/11/2023  
04/12/2023  
08/01/2024  
29/01/2024  
26/02/2024  
18/03/2024

Option one	<b>NEW</b> A choice of Tomato or Carbonara Pasta with Toppings 
Option two	
Vegetables	Vegetables of the Day
Dessert	Iced Sponge

 Vegetable Fajitas with Rice 
 Mexican Beef with Rice 
Vegetables of the Day
<b>NEW</b> Chocolate Orange Cookie 

Veggie Sausages, Onions and Gravy with Roasted or Mashed Potatoes 
Roast Chicken with Roast or Mashed Potatoes
Vegetables of the Day
Fruit Platter 

Vegetable Tagine with Lemon and Parsley Couscous 
Chicken Pie with Mashed Potato 
Vegetables of the Day
Peach Upside Down Cake with Custard

Fishfingers or Salmon Fishcake with Chips & Tomato Sauce
Chickpea and Vegetable Hotpot 
Vegetables of the Day
<b>NEW</b> Melting Moment Biscuit

### MENU KEY



Added Plant Power



Wholemeal



Vegan



Chef's Special

**Available Daily:** - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily - Daily salad selection

#### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

**caterlink**  
feeding the imagination